March 2020

## New Members

Michael Karabin & **Nancy Kumor** 



# Ladies' Night: Bubbles & Bites

### Saturday, March 21

t's the early days of spring, and the sun will be shining! Members can munch on scrumptious appetizers, snack on tantalizing desserts and sip bubbly varietals from around the world at this fun girls' night out at The Waterfront Country Club. Grab a friend (or three!) and come enjoy a few classy bubbly cocktails featuring Cava, Prosecco, Cremant, and Champagne! 5:30 p.m. in the main bar.



Saturday, March 7

ur March Meet Your Neighbor social will be an entertaining evening you will not want to miss! Local favorites The Panini Brothers, featuring our own Sue Halloran and Ken Hitchcock, have been selling out lake venues, so we're anticipating a fun, full clubhouse. Doors will open at 5:30 p.m. for cocktails and complimentary hors d'oeuvres of jalapeño poppers with chipotle ranch dip and a charcuterie spread in the bar. Dinner will be served at 6:30 p.m. Sue, Ken and the Panini Brothers go onstage at 7 p.m. Chef Dave's menu for the evening will feature a buffet of roast Cornish game hen with garlic-thyme jus, fig-stuffed loin of pork, mashed Yukon Gold potatoes, brown gravy, fresh vegetable medley, succotash, rolls and butter, a salad of mixed greens with choice of dressings, and assorted desserts. \$29 per person. Please call ahead for reservations as this will likely be a sold-out event!



## Wine Wednesday

#### Wednesday, March 4

oin us for a new wine list rollout and enjoy half-priced select bottles of wine under \$75 with purchase of any entrée.

# Spring Cocktail Menu | Trivia Night

#### Wednesday, March 11

ry one of our new hand-crafted spring cocktails created by our primary mixologist, Blake Radford. The cocktails on our new drink menu have been chosen specifically to exemplify the residual flavors of each liquor, paired with hand-crafted mixers using only the finest ingredients to create tailored drinking experiences by the glass!

#### Wednesday, March 18

he Wednesday night fun continues with trivia by Dallas Simmons and St. Patty's Day dinner features. Who will be the lucky leprechauns this month? Cocktails at 5 p.m.; trivia begins at 6 p.m. Chef Dave's Irish-inspired menu includes a salad of mixed greens with choice of dressings, braised brisket of corned beef, Irish honey-mustard chicken colcannon, spinach pie, glazed baby carrots, beercheddar mac'n'cheese, bread pudding with rum raisin sauce, Guinness chocolate pudding. \$18.

## Sunday Breakfast

Grill is open from 10:30 a.m. to 3 p.m.; breakfast served until 2 p.m. Bar is open from 10:30 a.m. to 3 p.m. for sandwiches and bar food.

Enjoy breakfast and lunch items from our à la carte menu. Breakfast includes omelets, bacon, sausage, eggs and French toast. You can also choose from a variety of salads, burgers and other sandwiches. Reservations are not required.

## Prime Rib Weekend

Every second full weekend of the month on Friday and Saturday nights, enjoy a delicious 12 oz. cut of choice prime rib of beef au jus for \$29. Please call ahead and place your order so we can know how many ribs to roast. It makes a difference and allows us to please the most members by fulfilling orders.

## Mah Jongg

Played at the Waterfront CC each Wednesday at I p.m. We are a fun, friendly and relaxed group of players. If you have any questions, please call Pende Ford at 540-721-3958.

# Club Manager

Paul Hassell



ow many are ready to begin seeing spring flowers? Let's see a show of hands!

As long as they're not peeking up from beneath a last-ditch snow effort from Mother Nature, right? On behalf of the service and culinary teams, we would like to thank you for your continued support of

the dining operation of the club. Through the first several months of 2020 – a comparatively mild winter – we have remained very busy, hearing many of our members say how much you have enjoyed the various events.

We are dedicated to responding to whatever we hear you say you enjoy here at the club, the many reasons you might visit, since our goal is to provide a memorable dining experience each and every time you come in to dine – be it a quick, casual visit or an extended meal to take in a show, do a little dancing, spend time with friends or family, or perhaps entertain guests and potential members.

Speaking of entertaining guests and potential members, we have plans under way to enhance our former **New Member Ambassador** program. We have always had

members take a kind interest in volunteering to help new members become acclimated to the club. However, we want to make the former program a more robust initiative, so please stay tuned and be sure to let me know if you might have an interest.

At the same time, we are openly recruiting new **Social Committee** members who might like to participate with our existing committee members. Our club team does all the heavy lifting; however, our Social Committee has been an invaluable working partner, muse and feedback loop to help inspire and keep us reaching as many members as possible in how we design our event calendar. You may have received my recruiting announcement if you're subscribed to our reminder/update all-member email distribution list, but if not, please feel free to contact me directly for more information.

We hope you're ready for a fun spring season of great events. Kicking off our spring season is our **March Meet Your Neighbor**, where our club's own **Sue Halloran** and **Ken Hitchcock** will be featured on stage with the **Panini Brothers** for a fun night of dinner and dance, or simply mix and mingle, on Saturday, March 7. Doors open at 5:30 p.m. for cocktails; dinner at 6:30; and Sue, Ken and the Panini Brothers go on at 7 p.m.

We have another family-oriented **Game Night**, a **Ladies' Night Out** and plenty of **Irish-inspired shenanigans** going on during the month as well. We are also very close to releasing our **new dinner and lunch menus**, including a **new craft cocktail menu** and **wine list**. Be sure to check out the event calendar and featured events on the front page for more details.

## Course Notes

ome on, spring. I am ready to start this golfing season!

Every winter, we look forward and plan to improve on the previous year. This winter has been unusually warm and very wet. It seems to rain on the warmest days, so that has put a damper on what could have been a great winter golf season. With the abnormally warm winter, the professors at N.C. State and Virginia Tech are telling us that everything will happen two weeks early. So that means we need to apply our preemergent earlier to prevent our goose and crab grass.

It is hard to believe how many ash trees have died from the emerald ash borer. All the rain has slowed us down on removing the dead ones. We will push forward as weather permits.

As always, please replace and step down your divots to prevent our equipment from lifting them up when we mow or blow leaves. It is so important to fix your ball marks this time of year. A ball mark that is not properly fixed will stay with us a long time.

Thanks,

# Read Harris Course Superintendent





## **Above:** Waterfront's

maintenance crew puts a cable in a tree to pull it down.

At left: This photo shows emerald ash borer damage on the inside of the bark.

# From the Pro

Mark McKee





s it me, or do the winter months seem to get longer and longer? No worries, though, as spring is only a few weeks away. Your Pro, WMGA, and WLGA committees have worked up an eventful calendar for 2020. Please make sure you put the inserted calendar in a safe place. Better yet, get out your smartphone and add the dates to your calendar app.

## W.M.G.A. Member-Member Date Change

New dates are **Saturday, October 10**, and **Sunday, October 11**. Please make a note of this change.

## Spring Fling Kick-Off Tournament

The first tournament of the year will be held **Saturday, March 28**, with a 12 p.m. shotgun. You may sign up individually or create your own team of four. Every golfer at any playing level is invited to play. The entry fee will be \$25 plus cart fees per person. The fee will include food and prizes. The signup sheet will be on the men's board. Call or email the Pro Shop to sign up.

## W.M.G.A. Member-Guest

The committee has set the dates: The tournament will be held **June 11-13**. Be sure to get this on your calendar early.

# W.M.G.A. Opening Day Tournament & Meeting

The committee has scheduled the WMGA Opening Day for **Saturday, April 4**. We will have breakfast, lunch and a brief meeting. Be sure to check your email for more details.

## Ladies' Clinics

Ladies' clinics will start on March 12 and run through April 29. They will be every Thursday in March and every Wednesday in April from 5 to 6 p.m. We will be going over all sorts of shots, rules and some etiquette. Please call the Pro Shop every week to sign up. The cost is only \$15 per member per clinic.

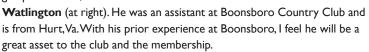
## 'Let's Play Golf' Training Program

I will be starting a program called Let's Play Golf through May and June. This program will be focused on getting beginner golfers and intermediate golfers on the golf course more. It will be an 8-week program divided into groups of three or four players. You get to pick your group, but the group must be close in golfing skills. I am only looking for two or three groups — or eight to nine players — this year. The program will consist of eight clinics (once a week) and four "tournament" dates. On the tournament dates, you

will have a target score to shoot at a certain yardage for 9 holes (much shorter than the tee boxes). After you shoot the target score, you move back to a longer yardage. I will track your weaknesses and focus on those at the clinics. Also, we will all be on a group text chain to be able to encourage each other to practice and play before the next tournament date to pass the levels. The cost for the program is \$150 per student. Please contact Mark if you are interested or have any questions.

## New Assistant Golf Pro

Please come by and meet our new assistant golf professional, **Paul** 





From ScienceDaily.com

Regular golfing – at least once per month – was found to lower the risk of death among older adults, according to preliminary research that was presented at the American Stroke Association's International Stroke Conference 2020 in Los Angeles in late February.

Golf can provide benefits such as stress reduction and regular exercise. Due to its social nature and controlled pace, people often maintain motivation and the ability to continue playing the sport even in older age and after suffering heart attack or stroke.

Out of almost 5,900 participants, average age 72, researchers identified 384 golfers (41.9% men). During follow-up, 8.1% of the golfers had suffered strokes and 9.8% of the golfers had heart attacks. When comparing death rates among golfers and non-golfers, researchers found a significantly lower rate of death among golfers compared to non-golfers, 15.1% compared to 24.6%, respectively.

"While walking and low intensity jogging may be comparable exercise, they lack the competitive excitement of golf," said Adnan Qureshi, M.D., lead author. "Regular exercise, exposure to a less polluted environment and social interactions provided by golf are all positive for health. Another positive is that older adults can continue to play golf, unlike other more strenuous sports such as football, boxing and tennis. Additional positive aspects are stress relief and relaxation, which golf appears better suited for than other sports."



### Hvailable properties



- »South Pointe Condo offered at \$309,000
- »Water access lots starting at \$19,900
- »Waterfront lots starting at \$99,990
- »Water access homes starting at \$489,900
- »Waterfront homes starting at \$489,900
- »Golf Villas starting at \$285,000



- »Waterfront homes starting at \$699,000
- »Waterfront lots starting at \$99,500

# Developer properties \*



- »Water access lots starting at \$19,900
- »Water access 19acre parcel - may subdivide. \$149,900
- »Waterfront acreage – 11.4 acres, 412' waterfrontage. Approved for house AND guest cottage! \$139,900
- \* Developer Properties; Initiation Fee Paid By Seller

Information provided through RVAR MLS system and is deemed to be reliable but is not guaranteed.



# Hiring an interior designer

on't call them decorators! Interior designers are trained, degreed and licensed professionals who do far more than choose curtains. Their job is to transform the interior of your home to make it more functional and beautiful. If your home could use more space, better traffic flow, better lighting, or an additional room, an interior designer is the one to call.

They can save you money. Interior designers can buy appliances, cabinetry, flooring, fabric, furniture and accessories that are sold "to the trade" only. While they charge for their time and/ or add a mark-up to each item they choose for you, you'll pay about the same for unique wow-factor results as you would for big-box, off-the-shelf items.

They save you time. The interior designer learns your lifestyle, personal preferences and space concerns. They know the latest products and design solutions, and if they don't have an immediate answer, they do the research so you don't have to.



Cathie Daniel Principal Broker





They help you prevent mistakes. An interior design is like a symphony - every detail should complement everything else in utility and beauty. Designers give you what you want, but they also expand your tastes to try new ideas.

They have resources. Many design solutions aren't available at retail. Designers have their own go-to teams of contractors, upholsterers, artisans and craftspeople, so they can customize solutions for you.

Most designers offer a free consultation to help you decide if you'll work well together. Contact the American Society of Interior Designers for more information.



Smith Mountain Lake Real Estate

**Main Sales Office** Monday-Friday: 9 a.m. - 5 p.m.

Saturday, Sunday and Holidays: 10 a.m. - 5 p.m. (540) 721-8659

The Water's Edge Sales Office Winter Hours:

Tuesday-Saturday 10 a.m.-4 p.m. Other hours by appointment (540) 576-1333

Cathie Daniel, Broker721-8659
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Jane Sullivan Horne493-1690
Sylvia McDowell Kent529-763
Adam Lynch420-8657
Tim Massey420-6864

Jan McGraw	400-9882
Vicki Millehan	520-2401
Dana Montgomery	314-1798
Alice Newbill	263-3555
Xan Pilgrim	226-9504
Carolyn Pruett	493-1919
Pete Roberts	525-4510
Debbie Shelton	797-3177
Jada Turner	263-0202
Michelle Turner	309-1265
Jeannie Villwock	529-0212

Kimberly Waters798-3151	
Parker Waters400-2681	

For pricing and availability of properties within The Waterfront or the surrounding area, please call your Berkshire Hathaway HomeServices Smith Mountain Lake REALTOR®, visit our website at SmithMtnLake.com, or download our mobile app by texting BHHSVA301 to 87778.





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
	Club closed	Pickleball I p.m.	Mah Jongg 1 p.m. Wine Wednesday	Pickleball I p.m.	Oyster Night (Friday only)	Meet Your Neighbor: Panini Brothers feat. Sue Halloran and Ken Hitchcock Pickleball I p.m.
8	9	10	11	12	13	14
Daylight Savings Time begins	Club closed	Pickleball I p.m.	Waterfront Women 10:30 a.m. Mah Jongg 1 p.m. Spring Cocktail Rollout	Pickleball I p.m.	Prime Rib Night	Pickleball I p.m. Prime Rib Night Game Night
15	16	17	18	19	20	21
22	Club closed	Pickleball I p.m.	Mah Jongg I p.m. St. Patrick's Day Dinner and Bar Specials Trivia Night	Pickleball I p.m. St. Patrick's Day Dinner and Bar Specials	St. Patrick's Day Dinner and Bar Specials	Pickleball I p.m. St. Patrick's Day Dinner and Bar Specials Ladies' Night
	Club closed	Pickleball I p.m.	Mah Jongg I p.m. Whiskey Wednesday	Pickleball I p.m. Kegs and Cornhole		Pickleball I p.m. Spring Fling Kickoff Tournament
29	Club closed	Bicklohall Lam	Mah langg La m	Pickleball I p.m.	3	Pickleball I p.m.
	Club closed	Pickleball I p.m.	Mah Jongg 1 p.m.	гіскіеван і р.т.		гіскіеван і р.ш.

NOTE: The Club closes at 3 p.m. on Sundays and Tuesdays through the month of March.

### Club hours

#### Harbor Room Grille

Sunday: ...... 10:30 a.m.-3 p.m. Tues.: ......II a.m.-3 p.m. Wed.-Thurs.: .......... I I a.m.-8 p.m. Fri.-Sat.: ...... II a.m.-9 p.m.

#### **Gangplank Dining Room**

Sunday: ...... 10:30 a.m.-3 p.m. Tues.: ...... I I a.m.-3 p.m. Wed.-Thurs.: .......... I I a.m.-8 p.m. Fri.-Sat.: ...... II a.m.-9 p.m.

#### **Pool**

Pool closed through Spring 2020.

#### **Bar Lounge**

Sunday: ...... 10:30 a.m.-3 p.m. Wed.-Thurs.: .......... II a.m.-8 p.m. Fri.-Sat.: ...... II a.m.-9 p.m.

#### **Pro Shop**

Tues.-Sun.: ......9 a.m.-5 p.m.

#### **Driving Range**

Sun.-Sat.: ......9 a.m.-5 p.m.

#### **Fitness Room**

Mon.-Sun.: ......7 a.m.-9 p.m.

## Contacts

#### Paul Hassell

Club Manager phassell@thewillardcompanies.com 721-2397

#### Mark McKee

PGA Golf Pro mmckee@thewillardcompanies.com 721-2653

#### **Ruth Rice**

**Director of Member Services** rrice@thewillardcompanies.com

www.TheWaterfrontCC.com

## Helpful

**AEP:** 800-277-2177

For power outages affecting AEP customers.

**VDOT:** 800-367-7623

For downed trees blocking statemaintained roads, please call the

VDOT call center.

# 2020 Golf Calendar

### Ongoing

Men's Day:

Every Friday, 12:30 p.m. Shotgun

Links & Drinks:

Every Friday, 5:30 p.m. Shotgun

### March

28: Spring Fling Mixer

### April

- 2: WLGA Opening Day & Meeting
- 4: WMGA Opening Day & Meeting
- 6-7: Green Aerification (Course Closed)
- 11: Demo Day (I-4 p.m.)
- 17: Links & Drinks Opener
- 21: Senior Interclub at PDRC
- 23: WLGA Spring Handicap
- 25: WMGA One-Day Member-Guest (1 p.m.)
- 28: VSGA One-Day Event (9 a.m.)

### May

- 3: Superball
- 16: WMGA Tri-Member
- 19: Senior Interclub at The Waterfront CC
- 25: Memorial Day Flag Tournament (Regular Tee Times)
- 29-30: WLGA Member-Guest

### June

- 11-13: WMGA Member-Guest
- 16: Senior Interclub at Blacksburg CC
- 22-23: Haley/Lions Junior Tournament (WE-WF)
- 25: WLGA Member-Member

## July

- 4: 4th of July Flag Tournament (Regular Tee Times)
- 12: Superball
- 14: Senior Interclub at The Water's Edge CC
- 23: WLGA Tri-Member
- 25-26: All Club Championships

## August

- 3: Komen Cancer Tournament
- 9: Superball
- 11: Senior Interclub at Hidden Valley CC
- 15: Couples' Member-Guest

## September

- 8-9: Green Aerification (Course Closed)
- 13: Superball
- 19: Couples' Club Championship
- 24: Senior Interclub at Roanoke CC

#### October

- 1: WLGA Fall Handicap
- 10-11: WMGA Member-Member
- 24: WMGA Closing Tournament & Meeting
- 29: WLGA Closing Tournament & Meeting

### November

21: Turkey Tough Day

## Ladies' Golf Association

I,ALL! Ima here, and Ima getting superexcited about getting back into the 'swing' of things! I've been reading and practicing all those drills I get online. Now I'm ready to see how they work! (Ima glad I have Mark's clinics to straighten them all out! There's NOTHING like hands-on, personal instruction.)

Our **Opening Day** is April 2. You'll be getting an email with all the particulars. And then it's Game On! I'm really looking forward to seeing all the snowbirds return from Florida. Ima expecting healthy tans and great games.

**Jerry Clapper** finally got the team shirts ordered. It's a hard job to find a shirt that meets

all our criteria. For the life of me I don't know why she volunteered, but Ima liking her choice. I think she said they would be coming in April.

As soon as the Steering Committee gives me the dates of the tournaments, I will pass them along. You will be able to find them listed in our 2020 Yearbook as well.

I do know the **Mermaid** will be held at The Water's Edge on September 24. I encourage each of you to practice over there as much as possible. It's not a hard course, but for some reason it always seems to bite me in the skort! Ima thinking I try too hard to make the long shot or try to put it on in regulation rather than

playing smart golf, so I end up taking a double. Bogie golf is way better than double-bogie golf ... and par? That's what Ima talking about!

It has been a tough winter for some of you and your families, health-wise. As I gaze out the window and see buds on trees and daffodils emerging, I'm reminded that with spring comes renewed hope, and with that, renewed energy — in other words, a fresh start. We've got this!

So, until I see you in the bar or on the tee box, stay positive!

Ima Hacker

WLGA Chair

# Waterfront Women

Friends, Fellowship, Fun

y mother loved March because spring was just around the corner and cold days were now limited.

On March 11, our program will see a returning guest that you may have missed – I did. We welcome back **Shirene Gentry** with her newly written book of what she discovered about the true identity of her biological father. Shirene grew up in Lynchburg, knowing that she was adopted from Tehran, Iran. But after her parents died, she learned that the information she had been given did not add up with the photographs and clues she found.

Please plan on coming, and bring a guest or two.

Reservations should be made by emailing wfcc. women@ gmail.com before noon on March 6.

Look for an email from our **Day Trippers**, who are planning a March 17 excursion to **Dixie Caverns**.

If you are new to the club and/or the area, Waterfront Women is a great way to make new friends. We have numerous events in which you can participate. We meet on the second Wednesday of every month from 10:30 a.m to 1 p.m. At our meetings, we have a variety of speakers from around Smith Mountain Lake and a buffet lunch (\$18++) prepared by our own **Chef Dave**. With over 100 members and still growing, we're from many parts of the country and the world. Membership is \$25 annually.

Look forward to seeing you on March 11.

# Ann Marshall Long

Waterfront Women President

#### **MONTHLY MEETING**

**Date:** Wednesday, March 11, 10:30 a.m. to 1 p.m.

**Program:** Shirene Gentry, author of Identity Unveiled: Daughter of the King of Kings

Deadline: Friday, March 6.

**Reservations:** Mary Alice Rebman, wfcc.women@gmail.com

Menu: Buffet selections will include spinach salad with mandarin oranges, strawberries, feta and toasted almonds with choice of dressings; beer cheddar soup; fig-stuffed pork loin; twice-baked potatoes; green bean saute; cheesecake with Irish cream sauce

## Game Night!

Saturday, March 14

ome as you are and enjoy a night of play to include board games, Wii bowling, and your favorite card games. Also, play "Beat the Bartender" for a chance to win some cool beer swag prizes! Complimentary snacks during play.

# St. Patrick's Specials

Wed., March 18, - Sat., March 21

or four days, we'll feature St. Patrick's Day specials such as bangers & mash, shepherd's pie, corned beef & cabbage, and beef & Guinness stew.

## Whiskey Wednesday: Flight Night

Wednesday, March 25

ix & Match to create your own whiskey or bourbon flight. In the main bar, we'll be selling sample flights of four each of bourbon, scotch, and rye whiskeys to create a palate pleaser of American spirits, along with specialty cocktails for purchase. Pair with Chef Dave's nightly dinner feature for a culinary enhancement and let the flavors explode! 5 p.m.

## Kegs & Cornhole

#### Thursday, March 26

It's time to stein and have some fun! Bring your favorite beer stein or mug to the main bar, and we'll fill it with your choice of draft beer! Enjoy a friendly game of cornhole and a chance to win some fun beer swag! You have two hands for a reason... one to hold a beer and the other to play cornhole. Bags fly at 6 p.m.!





## Events

At left and above: Legacy Motown

At right: Glen and Mary Alice Rebman at the French Wine Dinner





275 Anchor Dr. Smith Mountain Lake Moneta, VA 24121

